

Medical Fitness Association Travel Pass Program

ALABAMA

HealthPlus Fitness Center

Barry Bailey, Director
barry_bailey@eamc.org
1171 Gatewood Drive #101
Auburn, AL, 36830
334-887-2800
45,000 sq. ft
Guest Fee \$5

ARKANSAS

Arkansas Methodist Medical Center - Wellness Center

Andre Watson, Wellness Center Director
andre.watson@arkansasmethodist.org
Arkansas Methodist Medical Center
900 West Kings Highway
Paragould, AR 72450
870-239-7028 or 7030
5000 sq ft
\$5.00 guest fee

HealthWorks Fitness Center

Mike Dupuis, Executive Director
mikedhfc@gmail.com
304 North Madison
El Dorado, AR 71730
870-862-5442
48,000 sq ft
\$5.00 guest fee for MFA members

Mercy Fitness Center

Hector Mendoza, Director
Hector.mendoza@mercy.net
7600 South Dallas Street
Fort Smith, AR 72901
37,000 sq ft
\$5.00 guest fee for MFA members

CALIFORNIA

The Lifestyle Center

Patrick Tazio - Director
ptazio@kdhcd.org
5105 W. Cypress Avenue.
Visalia, CA 93277
559 624-3400
55,000sq ft
Guest Fees \$15.00; \$10.00 for MFA members

Center for Health & Fitness

Mathew Wessels, General Manager
mwessels@bchd.org
514 N. Prospect Avenue, 2nd Floor
Redondo Beach, CA. 90277
310-374-3426 ext 140
Facility size: 17,000 sq ft
Guest fee: one free week; \$5.00/visit after

Evolutions Rehab and Fitness Center

Manager
erevheim@tdhs.org
1425 E. Prosperity
Tulare, CA 93274
559-686-3800
55,000 sq. ft.
No guest fee

Roseville Health & Wellness Center

Jeff DeRaps, President
jeffderaps@msn.com
1650 Lead Hill Blvd.
Roseville, CA 95661
916-677-1200
30,000 sq. ft.
\$10 guest fee

CANADA

Reh-Fit Centre

Sue Boreskie, Executive Director
sue.boreski@reh-fit.com
1390 Taylor Avenue
Winnipeg, Manitoba R3M 2V8
86,000 sq. ft.
Guest Fee: \$10/visit

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FLORIDA

Lee Memorial Health System, The Wellness Center of Cape Coral

Greg Camp, System Director
greg.camp@leememorial.org
609 Southeast 13th Court
Cape Coral, FL 33990
239-573-4800
50,000 sq. ft.
Guest Fee: \$15/visit

Manatee Choice Fitness Center

Natalie Johnson, Manager
njohnson@manateechoice.com
1012 Manatee Ave. W.
Bradenton, FL 34205
813-944-8925
2,000 sq ft
No guest fee

GEORGIA

Bradley Center for Wellness

Ricky Harrison, Director
rharrison@hhcs.org
1225 Broadrick Drive
Dalton, GA 30720
706-278-9355
60,000 sq ft
Guest Fees: \$10 per visit or \$20 per week

WellStar Health Place

Christy Miller, Manager
christy.miller@wellstar.org
330 Kennestone Hospital Blvd.
Marietta, GA. 30060
770-793-7308
55,000 sq. ft.
First visit is free. Any visit after is \$10.00.

St. Mary's Wellness Center

Brian Evans, Manager
bevans@stmarysathens.org
2470 Daniels Bridge Road, Building 300
Athens, GA 30606
706-389-3355
10,000 sq. ft.
First visit free. \$5 for each additional visit

ILLINOIS

Galter LifeCenter

Jonathan Lind, Executive Director
jlind@schosp.org
5157 N. Francisco Avenue

Fit for Life

Monica O'Reilly, Owner/Manager
monicaaff@bellsouth.net
618 NW 60th Street, Suite J
Gainesville, FL 32607
352-332-3488
6,000 sq ft
No guest fee

Sarasota Memorial Hospital Healthplex

David Flench, General Manager
David-flench@smh.com
5880 Rand Boulevard
Sarasota, FL 34238
941-917-7000
44,000 sq ft
1st visit free; \$15 thereafter

Piedmont Hospital Health and Fitness Club

Jennifer Hopper, Manager
jennifer.hopper@piedmont.org
2001 Peachtree Road., NE,
Suite 100
Atlanta, GA 30309
404-605-1969
25,000 sq ft
No guest fee

Catalyst Fitness

Bill Sonnemaker, CEO
bsonnemaker@fitnesscatalyst.com
3939 Royal Drive, Suite 125
Kennesaw, GA 30144
770-499-9143
5,000 sq ft
No guest fee

Health Central Fitness & Wellness Center (University Health Care Services)

Cindy Stephens, Director
cstephens@uh.org
945 Broad Street
Augusta, GA 30901
706-724-4408
28,000 sq ft
Guest Fee: \$10.00 for MFA members

Palos Health & Fitness Center

Tony Janca, Executive Director
tjanca@powerwellness.com
15430 West Avenue

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Chicago, IL. 60625
773-878-9936
Guest Fee \$12.00

Orland Park , IL 60462
708-226-0555
82,000 sq ft
Guest fee: \$7.50 (to MFA members)

Good Samaritan Health and Wellness Center
Lou Ann Westergren, Member Services Manager
louann.westergren@advocatehealth.com
3551 Highland Avenue
Downers Grove, IL 60515
630-275-2677
90,000 sq ft
\$10.00 per person guest fee; no charge third Friday of each month; picture ID required.

Delnor Health and Wellness Center
Greer O'Brien, Executive Director
gobrien@powerwellness.com
296 Randall Road
Geneva, IL 60134
630-208-3933
67,000 sq ft
\$15 guest fee

Belleville Health and Sport Center
Micki Classen, Manager
mclassen@memhosp.com
1001 S. 74th Street
Belleville, IL 62223
5,000 sq ft
1st visit is Free/\$10 per following visit

Riverside Health Fitness Center
Casey Ashline, Executive Director
100 Fitness Drive, Route 45/52
Bourbonnais, IL 60914
815-929-1200
70,000 sq ft
1st visit free; \$10 thereafter

Good Shepherd Hospital Health & Fitness Center
Peg Campana, Director
peg.campana@advocatehealth.com
1301 S. Barrington Road
Barrington, IL 60010
847-620-4546
70,000 sq ft
First visit free, \$10 thereafter

INDIANA

Kokomo Sports Center
Aubrey Maddox, Executive Director
amaddox@howardregional.org
111 West Southway Boulevard
Kokomo, IN 46902
765-455-0167
27,000 sq ft
No guest fee

IOWA

Great River Medical Center, Center for Rehabilitation
USAT Regional Training Center
Lynette Collier, Executive Director
lcollier@grhs.net
1401 West Agency Road
West Burlington, IA 52655
313-768-4100
6,000 sq ft
Guest Fee: \$8/day MFA Members, \$15/week

Medical Fitness Association Travel Pass Program

KANSAS

**Hays Medical Center,
The Center for Health Improvement**

Stephanie Schaffer, Fitness Manager

sschaffe@haysmed.com

2500 Canterbury Drive

Hays, KS 67601

785-623-6340

109,000 sq ft

Guest fee \$9

KENTUCKY

McDowell Wellness Center

Michael Matthews, Director

mmatthews@emrnc.org

1107 Ben Ali Drive

Danville, KY 40422

859-936-7225

29000 sq ft

1st visit free, \$4 thereafter

Center for Health and Wellness

Keena Miller, Director

kmiller@murrayhospital.org

716 Poplar Street

Murray, KY 42071

270-762-1348

33000 sq ft

1st visit free, \$6 thereafter

LOUISIANA

Elmwood Fitness Center

Gary Borgstede, General Manager

gborgstede@ochsner.org

1200 S. Clearview Pkwy,

Ste 1200

Harahan, LA 70123

504-733-1600

165,000 sq. ft.

\$10 guest fee children ages 6-13 - \$5 (Harahan only)

Woman's Center for Wellness

Dawn Braud, Manager

Dawn.braud@womans.org

9637 Jefferson Highway

Baton Rouge, LA 70809

225-924-8230

60,000 sq ft

No guest fee

Willis Knighton Fitness and Wellness Centers

Kenneth R. Paulovich R.N., Director

kpaulovic@wkhs.com

WK Bossier Wellness

2450 Hospital Drive

Bossier City, LA 71111

318-212-7475

\$10 guest fee

Willis Knighton Fitness and Wellness Centers

Kenneth R. Paulovich R.N., Director

kpaulovic@wkhs.com

WK North Wellness

2474 Greenwood Road

Shreveport, LA 71103

318-212-4475

38,000 sq. ft.

\$10 guest fee

Willis Knighton Fitness and Wellness Centers

Kenneth R. Paulovich R.N., Director

kpaulovic@wkhs.com

WK Pierremont Wellness

8001 Youree Drive

Shreveport, LA 71115

318-212-3475

\$10 guest fee

Willis Knighton Fitness and Wellness Centers

Kenneth R. Paulovich R.N., Director

kpaulovic@wkhs.com

WK South Wellness

9130 Susan Drive

Shreveport, LA 71118

318-212-5475

\$10 guest fee

Medical Fitness Association Travel Pass Program

MASSACHUSETTS

The Clubs at Charles River Park

Cliff Seeto, General Manager
For more information contact emarley@partners.org
10 Whittier Place
Boston, MA 02114
617-726-2900
57,000 sq ft
No guest fee

MICHIGAN

Chelsea Community Hospital Health & Wellness Center

Cindy Cope, Executive Director
ccope@powerwellness.com
14800 East Old US 12
Chelsea, MI 48118
734-475-4100
51,000 sq ft
\$10.00 guest fee

HGB Wellness Center

Dawn Rodman, Wellness Director
drodman@hgbhealth.com
123 Lansing St. Lower Level
Charlotte, MI 48813
517-543-9575
12,000 sq ft
First visit free, \$4 thereafter

Shoreline Wellness Center

Bryan Heisler, Director
bheisler@shch.org
950 S. Bailey Avenue
South Haven, MI 49090
269-639-2947
40,000 sq ft
Guest fee \$10

MISSISSIPPI

Baptist Healthplex-Clinton

David Carpenter, Director
dcarpenter@mbhs.org
102 Clinton Parkway
Clinton, MS 39056
601-925-7900
103,500 sq. ft.
No guest fee

North Mississippi Medical Center Wellness Center

Hank Boerner, Director
hboerner@nmhs.net
1030 S. Madison St.
Tupelo, MS 38804
662-377-4142
51,000 sq. ft.
No guest fee

Aspirus Keweenaw Rehabilitation and Fitness Center

Terry Smythe, Fitness Director
tsmythe@chartermi.net
700 Sharon Avenue
Houghton, MI 49931
906-482-8201
No guest fee

Botsford Wellness Complex

Jay Berry, Director
jnberry@botsford.org
39750 Grand River Avenue
Novi, MI 48375
248-473-5600
50,000 sq ft
First visit free

NMMC Baldwin Wellness Center

Henry Daniels, Facility Supervisor
h.daniels@nmhs.net
920 N. 4th St.
Baldwyn, MS 38824
662-365-7873
8000 sq. ft.
\$5.00 guest fee

NMMC Pontotoc Wellness Center

Jeanie Dale, Manager
Jeanie.dale@nmhs.net
38 West Reynolds Street
Pontotoc, MS 38863
662-489-1335
20,000 sq. ft.
No guest fee

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North Mississippi Medical Center Iuka Hospital Wellness Center

Emily Wadkins, Director
emilywadkins@hotmail.com
619 Battleground Drive
Iuka, MS 38852
662-423-1980
5,000 sq. ft.
\$5.35, 1st visit free or for any satellite facility member free

Tippah County Wellness Center

Deena Elliott, Director
deena@dixie-net.com
202 Martindale Lane
Ripley, MS 38663 (Located behind hospital)
662-837-7656
24,000 sq ft
No guest fee

Baptist Healthplex—Jackson

Kim Neely, Manager
kneely@mbhs.org
717 Manship Street
Jackson, MS 39202
601-968-1766
46,000 sq ft
No guest fee

HealthLine Wellness Center – St. Dominic

Amy Batson, Director
abatson@stdom.com
970 Lakeland Drive
Jackson, MS 39216
601-200-4925
22,000 sq ft.
\$10.00 guest fee

MISSOURI

Fitness Plus

Doug Friese, Director
dfriese@sfmc.net
150 S. Mt. Auburn Road
Cape Girardeau, MO 63701
573-331-3355
42,000 sq ft
First visit free, \$5 additional

MONTANA

The Summit

Bob Norwood, Operations Manager
info@summithealthcenter.com
205 Sunnyview Lane
Kalispell, MT 59901
406-751-4100
114,800 sq ft
\$6 guest fee for MFA members

NEBRASKA

Alegent Health Lakeside Wellness Center

Dan Polodna, Executive Director
dan.polodna@alegent.org
16940 Lakeside Hills Plaza
Omaha, NE 68130
402-758-5700
50,000 sq ft
\$5.00 guest fee

Medical Fitness Association Travel Pass Program

NEVADA

Saint Mary's Center for Health & Fitness

Miles Mettler, PhD, General Manager

miles.mettler@clubone.com

645 North Arlington Avenue

Reno, NV 89503

775-770-3800

50,000 sq ft

\$10.00 guest fee

NEW JERSEY

Hunterdon Health and Wellness Centers

Tamra Campanella, Director

campanella.tamra@hunterdonhealthcare.org

537 Route 22 East

Whitehouse Station, NJ 08889

908-534-7600

24,000 sq. ft

Guest fee \$5

William G Rohrer Center for HealthFitness

Paula Konstantinides, Executive Director

pkonstantinides@virtua.org

2309 Evesham Road

Voorhees, NJ 08043

856-325-5300

82,000 sq ft

Guest fee \$10.00

NEW MEXICO

Good Samaritan Society

Spanda Bhavani, Wellness Director

sbhavani@good-sam.com

5201 Roma Avenue NE

Albuquerque, NM 87108

505-256-6222

1500 sq. ft.

Guest fee \$5

NORTH CAROLINA

The Fitness Center at High Point Regional

Rodney Simpson, Fitness Center Coordinator

rsimpson@hprhs.com

601 N. Elm Street.

PO Box HP-5

High Point NC 27262

336-878-6221

13,000 sq ft

\$10 guest fee

The Wellness Center at Meadowmont

George Wayson, Director

gwayson@unch.unc.edu

100 Sprunt Street,

Chapel Hill, NC 27517

919-843-2150

52,000 sq ft

\$15 for non-members, \$10 for members

OHIO

Akron General Health & Wellness Center-West

Doug Ribley, Vice President

dribley@agmc.org

4125 Medina Road,

Akron, OH 44333

330-665-8000

56,000 sq ft

Guest Fee \$8 per day

Akron General Health & Wellness Center-North

Doug Ribley, Vice President

dribley@agmc.org

4300 Allen Road

Stow, OH 44224

330-945-3100

50,000 sq ft

Guest fee \$8 per day

Medical Fitness Association Travel Pass Program

MedCentral Health & Fitness Center

Brady Groves, Manager
bgroves@medcentral.org
1750 W 4th Street
Suite 1
Mansfield, OH 44906
419-526-8210
38,000 sq ft
First visit free - \$7 thereafter

Southern Ohio Medical Center LIFE Center

Gary Coovert, Director
coovertg@somc.org
1202 18th Street
Portsmouth, OH 45662
740-356-7650
36,000 sq ft
Guest Fee \$10.00/day. \$5.00 MFA member

LifeWorks of Southwest General

Candice Christner, Services Coordinator
cchristner@swgeneral.com
7390 Old Oak Blvd.
Middleburg Height, OH 44130
440-816-4210
84,000 sq ft
Guest Fee: First visit free; \$14 thereafter

Summa Wellness Institute

Marcus Lambdin, Membership Director
mlambdin@summerwellness.com
5625 Hudson Drive
Hudson, OH 44236
330-342-4400
65,000 sq ft
First visit free

Wildwood Athletic Club

Suzette Valiton, Director of Fitness & Wellness
suzette.valiton@tcsclubs.com
2865 N. Reynolds Road
Toledo, OH 43615
419-539-0235
45,635 sq ft
First visit free

TriHealth Fitness and Health Pavilion

Deb Riggs, GM
Deb_riggs@trihealth.com
6200 Pfeiffer Road,
Cincinnati, OH 45242
513 985-6701
110,000 square feet (80,000 fitness center)
Guest fee: \$8 reduced fee for MFA members (reg. price is \$15)

Genesis Lifestyle & Fitness Center

Beth Chapman, Director
bchapman@genesishcs.org
3620 Court Drive, Bldg. J
Zaneville, OH 43701
740-454-4767
21,000 sp ft
Guest Fee \$5

Cincinnati Sports Club

Mary Frank, Sales/Marketing Manager
Mfrank.csm@fuse.net
3950 Red Bank Road
Cincinnati, OH 45227
513-527-4000
100,000 sq ft
Guest fee \$10

Advanced Health

Michael Nardi, Owner/Partner
mjnardi@bex.net
1325 Hull Road
Sandusky, OH 44870
419-539-0235
4800 sq ft
First visit free

Medical Fitness Association Travel Pass Program

OREGON

MyLife Fitness

Miranda Roders, General Manager

Miranda@mylifefitness.net

2866 Crescent Avenue, Suite 103

Eugene, OR 97408

330-342-4400

First visit free

PENNSYLVANIA

Medical Fitness Center at Hanover Hospital

Brady Slater, Medical Fitness Coordinator

slaterb@hanoverhospital.org

250 Fame Avenue, Suite 100

Hanover, PA 17331

717-633-8869

16,000 sq ft

Guest fee: \$10.00 per day

Lehigh Valley Hospital and Health

John Graham, Director of Community & Corporate Fitness

john_f.graham@lvh.com

1243 S. Cedar Crest Blvd. Lower Level

Allentown, PA 18103

610-402-3698

25,000 sq ft

No guest fee

SOUTH CAROLINA

Life Center

Jane McBride, Director, Life Center & Programs

jmcbride@ghs.org

875 W. Faris Road

Greenville, SC 29605

864-455-4231

55,000 sq ft

No guest fee

Medical Fitness Association Travel Pass Program

TENNESSEE

Vanderbilt Dayani Center for Health and Wellness

Regina Tyree, Exercise Specialist
Regina.n.tyree@vanderbilt.edu
1500 Medical Center Drive
Nashville, TN 37232
615-343-7303
25,000 sq ft
No guest fee for MFA facility members

TEXAS

Community Health Club of San Angelo

Janet Charlesworth, Director
Janet.charlesworth@triadhospitals.com
3336 Loop 306
San Angelo, TX 76904
325-947-2582
36,000 sq ft
No guest fee for MFA facility members

Harris Methodist HEB Hospital Fitness Center

Mike Lofland, Director
mikelofland@texashealth.org
1616 Hospital Parkway
Bedford, TX 76022
817-267-9191
17,000 sq ft
Guest Fee \$10

CHRISTUS St. Michael Health & Fitness Center

Mike Riley, Manager
Mike.riley@christushealth.org
2223 Morris Lane
Texarkana, TX 75503
18,000 sq. ft.
\$10 guest fee, \$5 with a member

VIRGINIA

RMH Wellness Center

Melinda Swisher, Director
melinda.swisher.4346@rhcc.com
501 Stone Spring Road
Harrisonburg, VA 22801
540-564-5680
40,000 sq. ft.
Guest Fees: \$15.00/adult, \$6.00/child ages 5-17

BellaFigurative LLC

Erin J. Morgart, CEO/Owner
Bionde777@cox.net
1681 Chestwood Drive
Virginia Beach, VA 23453
757-667-0615
700 sq ft
Guest fee: \$100.00

Hill Country Memorial Wellness Center

Dawn Bourgeois, Director
wellness@hillcountrymemorial.com
1006 South State Hwy 16
Fredericksburg, TX 78624
830-997 - 1355
18,000 sq ft
Guest fee: \$10.00 adult / \$5.00 child

Memorial Hermann Wellness Center

John Ramirez, Manager
wellnesscenter@memorialhermann.org
7731 Southwest Freeway
Houston, TX 77074
713-448-WELL (9355)
80,000 sq ft – Conservative dress code required
1st visit free; \$5 thereafter

Sentara Hampton Health & Fitness Center

Christine Hubbard, Membership Services
Cehubbar@sentara.com
300 Butler Farm Road
Hampton, VA 23666
757-766-2658
45,000 sq. ft.
Guest fee: \$8 (for MFA affiliates)

Fauquier Health LIFE Center

LeAnn McCusker, Director
mccuskel@faquierhealth.org
419 Holiday Court, Suite 200
Warrenton, VA 20186
540-316-2642
9,400 sq. ft.
Guest Fee: First week complimentary

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Travel Pass Updated:
8-12-09