



HIPHOPPERS—Healthy Imaginative Play

For preschool children WITH their grown-ups!
Wednesdays from 10:00-11:00 a.m.

**HiP, HoP, Sing and BoP through an interactive story time
with PUPPET Play and family fitness fun!**

June 2 – My Body

Ms. Sneed's Guide to Hygiene by Dale Gottlieb
Dance, turn, hop, and learn with your preschooler as they discover that keeping their bodies clean and fit can be exciting! Interactive puppet play!

June 16 – Teeth

Does a Lion Brush? by Fred Ehrlich, M.D.
Giggles will turn into sparkly smiles as preschoolers brush and floss giant teeth. Enjoy fun AND learning with playful movement!

June 30 – Exercise

The Busy Body Book: A Kid's Guide to Fitness by Lizzy Rockwell
Jump, bounce, and groove with your preschooler and learn that "HealthWorksizing" is funky fitness fun!

July 14 – Good Manners

The Bears Mind Their Manners by Camilla Scott (DVD)
Get ready to hear "Please!" and "Thank You" as preschoolers hip-hop their way to good manners.

July 21 – Nutrition

Good Enough to Eat by Lizzie Rockwell
The five food groups are served up tasty and delicious as preschoolers learn that healthy food is super yummy!

August 4 – Hygiene

Just Me in the Tub by Mercer Mayer
Become a Clean Machine as you suds all over and dance away the dirt! Preschoolers learn the importance of being squeaky clean while singing and moving!

August 18 – Germs

Germs Are Not for Sharing by Elizabeth Verdick
Go on a scavenger hunt for some yucky germs and discover how to wash them down the drain with special help from HealthWorks!'s germ detecting light!

Hip Hopper Program is included in General Admission
\$4/person ages 2 and up • Free to Members

Following the Hip Hoppers program, families are welcome to stay and enjoy the Funtastic Floor and the Brain Theater.

For information call 377-KIDS or
visit www.healthworkskids.org