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**FOR IMMEDIATE RELEASE**

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### **NMMC-HAMILTON TO HOST COMMUNITY HEALTH FAIR**

HAMILTON, Ala.—North Mississippi Medical Center-Hamilton is hosting a health fair from 7 a.m.-3 p.m. on Thursday, Aug. 5, in the hospital lobby.

Services and screenings include:

- Blood pressure checks
- Body fat analysis
- Bone density screenings (10 a.m.-1 p.m.)
- Breast cancer awareness information
- Cholesterol screenings
- Flexibility evaluations
- Glucose analysis
- Grip strength analysis
- Health Link®
- Healthy teeth & gums information
- Hearing screenings \$5
- HealthWorks! information
- Infection control information
- Marion Regional Home Care-LHC Group
- NMMC-Hamilton Nursing Home (living wills and advance directives)
- NMMC Heart Institute
- Nutrition information
- Prostate specific antigen (PSA) \$5
- Pulmonary function test
- Skin cancer screening
- Stress management mini massages
- Triglyceride analysis
- Wellness Center information & specials
- Lots of door prizes!

United Blood Services will be hosting a blood drive from 11 a.m.-3 p.m. The first 150 participants in the health fair receive a free T-shirt.

For more information, call (205) 921-6202 or 1-800-THE DESK (1-800-843-3375).