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FOR IMMEDIATE RELEASE
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NMMC-IUKA TO OPEN ACT TOBACCO TREATMENT CENTER

IUKA, Miss.— The U.S. Surgeon General has said, “Smoking cessation represents the single most important step that smokers can take to enhance the length and quality of their lives.”

North Mississippi Medical Center-Iuka is offering assistance for people who want to quit smoking. Beginning April 15, NMMC-Iuka will be the official site for a new ACT Center Tobacco Treatment Program. Sign up for the program will be held at the hospital from 4-7 p.m. Classes will start the following week.

Respiratory therapists Stephanie Carr and Regina Pyle will serve as coordinators of the program. The program is evidence-based and helps clients stop tobacco use through effective use of medicine and counseling.

Anyone who wishes to sign up for the program should bring a list of all medications and allergies, as well as the name of their primary care doctor, if they have one.

“We’re excited to be able to offer this program,” said Fred Truesdale, NMMC-Iuka administrator. “This is something that is much needed in our community, and I know it will go a long way toward improving the health of the people of our region.”

For more information, come to the sign up event, or call (662) 423-4081.