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Cutline: North Mississippi Medical Center-Iuka recently hosted an informational session to help educate physicians and those in the community about the new ACT Center. Those in attendance included (from left) Fred Truesdale, NMMC-Iuka administrator; Faith Robinson of the Mississippi Tobacco Free Coalition; Vanita Southward, director of Respiratory Therapy at NMMC-Iuka; Stephanie Carr, RRT, and Regina Pyle, RRT, tobacco cessation specialists; Rep. Bubba Carpenter; and Karen Crews, DMD, state ACT Center director. NMMC-Iuka recently became an official site for an ACT Center. The program uses evidence-based counseling and medication to help people quit using tobacco. Counseling and medicines are free to Mississippi residents who take part in the six-week program. For more information, call (662) 423-4675.