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FOR IMMEDIATE RELEASE

**CONTACT: SCOTT COSTELLO
(662) 377-2404**

NMMC SLEEP DISORDERS CENTER TO HOST SUPPORT GROUP

TUPELO, Miss.—North Mississippi Medical Center’s Sleep Disorders Center and Health Management Services invites sleep apnea patients and their families to attend an AWAKE (Alert, Well and Keeping Energetic) support group meeting.

AWAKE will meet at 6:30 p.m. Tuesday, Oct. 19, in Room 21 of NMMC’s East Tower, 830 S. Gloster St.

The meeting is open to anyone interested in learning more about sleep disorders. Refreshments will be provided. For more information, call the NMMC Sleep Disorders Center at (662) 377-3258 or 1-800-THE DESK (1-800-843-3375).