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DIABETES DASH 5K AIMS TO RAISE MONEY, DIABETES AWARENESS

TUPELO, Miss.—North Mississippi Medical Center’s Diabetes Treatment Center and Concerned about Diabetes in Mississippi (CADIM) are teaming up to host the Diabetes Dash 5K to raise diabetes awareness on Nov. 6 at 8 a.m.

Registration will take place from 7 to 7:45 a.m. at NMMC’s Wellness Center at 1030 S. Madison St. in Tupelo. Pre-registration is \$20, while registration on race day is \$25.

Registration forms can be picked up or dropped off at NMMC Wellness Centers, NMMC’s Diabetes Treatment Center and Trails and Treads in Tupelo. Online registration is also available at www.active.com.

Awards will be given for the top three overall places, top three in each age division, and to the youngest and oldest competitors. The first 100 people to sign up will receive a free T-shirt.

CADIM and NMMC’s Diabetes Treatment Center will host a program on Nov. 5 at 5 p.m. at the NMMC Wellness Center. There will be a children’s interactive food demonstration and taste testing for adults.

Proceeds from the race will be divided between the Antone Tannehill Good Samaritan Free Clinic and NMMC’s Diabetes Assistance Fund.

The Diabetes Assistance Fund provides supplies and self-management training for persons with diabetes who have inadequate financial resources to control their disease.

The Antone Tannehill Good Samaritan Free Clinic serves the “working uninsured”—those who are employed and earnestly trying to help themselves and their families, but are living at or below the poverty level and lack health insurance coverage.

Mississippi has more people living with diabetes than any other state. Education is key to improving the quality of life for families who deal with diabetes, as well as preventing the onset of more cases in the future.

CADIM, a group of professionals working in some capacity greatly affected by diabetes, was founded in 1999.

To learn more about the Diabetes Assistance Fund and the valuable service that it provides, contact North Mississippi Medical Center's Diabetes Treatment Center at (662) 377-2500 or 1-800-THE DESK (1-800-843-3375).

For more information about the race, call Alicia Hinton at (662) 377-4561 or Teresa Tittle at (662) 377-2627.