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FOR IMMEDIATE RELEASE  
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**SCOTT SIMMONS PRESENTS 'TAKING CONTROL'  
AT DIABETES SUPPORT GROUP MEETING**

TUPELO, Miss.— North Mississippi Medical Center's Diabetes Support Group will meet at 11 a.m. Thursday, Nov. 11, at the NMMC Wellness Center, 1030 S. Madison St. in Tupelo. Guest speaker Scott Simmons will present "Taking Control."

Simmons has diabetes and is a member of the Sanofi-Aventis A1C Champions Program, which is a patient-led approach to diabetes education. He will share his personal experiences and helpful insights on successfully managing diabetes.

Simmons will discuss achieving good glucose control, learning about effective self-management, developing a healthy and balanced lifestyle, overcoming fears and finding resources for diabetes support.

The Diabetes Support Group is sponsored by the NMMC Diabetes Treatment Center and meets the second Thursday of each month. Anyone who has diabetes or is interested in learning more about the disease is invited to attend.

For more information, call Kitti Parman at (662) 377-3549 or 1-800-THE DESK (1-800-843-3375).