

December 31, 2010

## M E D I A   A D V I S O R Y

TUPELO, Miss.—Please join us for Super Scout Saturday at HealthWorks! on Saturday, Jan. 8.

Brownies will meet from 10-11:30 a.m. to work on the “My Body” Try-It. Girls will learn about how the brain works, explore muscles and their reactions and compete in a game of Body Volley. After doing the “sprinkler” and “chicken” dances and popcorn jumping, girls will make Whee-Fit boards for their troops.

Juniors will meet from noon to 2 p.m. to work on the “Being My Best” badge. Juniors will search for their talents, set goals and begin a 2011 All About Me Journal. Giggles will abound as they create Brag Bags, role-play peer pressure situations and crown a Whee-Fit champion.

HealthWorks! is located at 219 S. Industrial Road. For more information, call HealthWorks! at (662) 377-5437.