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**FOR IMMEDIATE RELEASE**

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### **APPLICANTS SOUGHT FOR JOURNEY TO SUCCESS**

TUPELO, Miss.—Area women are invited to apply for the upcoming session of Journey to Success, a partnership between New Expectations for Women in Mississippi (NEWMS) and North Mississippi Medical Center's Spirit of Women program.

Journey to Success helps women sharpen their personal and professional skills, and provides experienced mentors for one-on-one guidance. Topics include interpersonal relationships, work/life balance, professional communication, budgeting for success, dressing for success and goal setting.

Applications are due by Friday, July 23, and are available by contacting Liz Dawson at (662) 377-4013 or [ldawson@nmhs.net](mailto:ldawson@nmhs.net). Applications may also be downloaded from [www.nmhs.net/spirit\\_of\\_women.php](http://www.nmhs.net/spirit_of_women.php). Ten participants will be selected.

Participants are required to attend seven sessions at the Renasant Center for IDEAs beginning Sept. 2 and ending Nov. 18. Each session begins at 11:30 a.m. and is approximately one hour in length, except for the first and last sessions, which are slightly longer. Participants and their mentors are encouraged to meet on their own at least two other times during the program.

The \$50 fee includes lunch and all program materials, and employers may choose to pay this fee for their employees.