

March 3, 2010

**FOR IMMEDIATE RELEASE**

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**NMMC WELLNESS CENTER  
TO HOST MIGHTY MUSCLES CAMP**

TUPELO, Miss.—North Mississippi Medical Center's Wellness Center will host a Mighty Muscles Spring Break Camp from 1-3 p.m. March 15 and 16 for children ages 5-8.

Participants will enjoy cooking classes, swim and learn fun ways to exercise.

Camp fee is \$25. To register, call (662) 377-4147 or 1-800-THE DESK (1-800-843-3375), or stop by 1030 S. Madison St. Enrollment is limited.