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FOR IMMEDIATE RELEASE  
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### NMMC TO HONOR SPIRITED WOMEN

TUPELO, Miss.—Join North Mississippi Medical Center and Spirit of Women in honoring ordinary women who do extraordinary things.

Winners are selected based on the contributions they make through their work and service activities.

The nomination deadline is March 31. Regional winners will be announced during NMMC's Woman's Place Lunchtime Learning program at noon Tuesday, May 18, at First Baptist Church Fellowship Hall. Regional winners go on to become national nominees. National winners will be honored during an event in July.

Nominees for Spirit in Action awards are sought in these categories:

- **Young Person Role Model**, under 21 years of age: In terms of life experience, this person may be lacking in the area of longevity, but more than makes up for it with intensity. This individual extends his or her gifts to other people by participating in, or maybe even organizing, a group that shares information, material goods, education, entertainment or inspiration with people who need them.
- **Community Hero in Action**, ages 21 and over: Nominees understand clearly and passionately that how we perform as individuals determine how we perform as a community. This person knows how to take the initiative, to pick up a phone, to pick up a pen and to take action. In fact, he or she searches for things that can't be done and does them. This person is not afraid to fail.
- **Healthcare Hero**: The real test of this nominee's work can be measured by the care he or she gives to the job—or to the person—in front of her, even when a myriad of demands and commitments are swirling around. This person pays attention to detail, and in defiance of a popular self-help guide, does sweat the small stuff.

For an official nomination form or more information, call (662) 377-4099 or 1-800-THE DESK (1-800-843-3375). The Spirit of Women Awards nomination form is also downloadable at [www.nmhs.net/spirit\\_of\\_women](http://www.nmhs.net/spirit_of_women).