

June 1, 2010
FOR IMMEDIATE RELEASE
CONTACT: DEBORAH ROBERTS PUGH
(662) 377-3712

ADULT DANCE LESSONS TO START

WEST POINT, Miss.—Calling all adults who want to learn some new moves! The Mississippi Academy of Performing Arts is offering a five-week adult dance class beginning July 3.

Classes are taught by Betty Deans at the NMMC-West Point Wellness Center, 851 Medical Center Drive. Sessions meet from 9:15-10 a.m. Saturdays for five weeks. The fee is \$30.

“Dance is a great way to get your heart rate up while challenging the mind and body,” Deans said. To register or for more information, call (662) 494-1113 or e-mail betty@msapa.org.