

June 1, 2010

FOR IMMEDIATE RELEASE

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NMMC-WEST POINT TO OFFER PREPARED CHILDBIRTH CLASS

WEST POINT, Miss.—North Mississippi Medical Center-West Point will offer a prepared childbirth class for expectant parents from 6:30-8:30 p.m. Thursdays, July 1-22.

Instructors cover a wide variety of topics including relaxation techniques, prenatal care, labor and delivery, pain relief measures, breast-feeding and infant care. The fee is \$35.

To register or for more information, call (662) 495-2292 or 1-800-THE DESK (1-800-843-3375).