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FOR IMMEDIATE RELEASE

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NMMC-WEST POINT CLASS TO PREPARE YOUNG BABYSITTERS

WEST POINT, Miss.—North Mississippi Medical Center-West Point will offer Safe Sitter, a program to teach safe babysitting techniques, from 8:30 a.m.-4 p.m. Thursday, May 27.

This medically-accurate instructional series teaches adolescents 11 years and older how to handle emergencies when caring for young children. To register, call (662) 495-2141 or 1-800-THE DESK (1-800-843-3375) before Monday, May 17. The \$30 course fee includes lunch, a Safe Sitter certificate, T-shirt, important phone numbers pad and all course materials. Gift certificates are also available.

During the course, instructors give students hands-on practice in life-saving techniques so they are prepared to act in a crisis. Instructors also provide tips to make sitters more confident caregivers. They teach safety and security precautions, such as what to do if a stranger comes to the door, when and how to call for help, give information on child development and suggest age-appropriate activities. Parents are invited to a closing ceremony at 3:30 p.m.