

practice notes

November 2011

BHC Launches Intensive Outpatient Program

The North Mississippi Medical Center Behavioral Health Center now offers an **Adult Intensive Outpatient Program** in the evening hours, five days a week, to better accommodate those who work a traditional work schedule.

This program is ideal to treat individuals over age 18 who are struggling with depression, anxiety, adjustment disorders, bipolar disorder, grief and loss. The program includes individual and group therapy, medication management by a board-certified psychiatrist when needed, and referrals for follow-up care.

The initial assessment is provided at no cost, to ensure the individual receives an appropriate treatment plan. Assessments can be scheduled by calling (662) 377-3161, but walk-ins are also welcome. Referring clinics need only send the patient for assessment; the Behavioral Health Center will complete the enrollment process.

NMMC Hospice Making Every Moment Count

In recognition of **National Hospice and Palliative Care Month**, the staff of NMMC Hospice thanks area physicians for their support. NMMC Hospice has been caring for patients and their families since 1984, and was the first licensed hospice agency in Mississippi.

In addition to being a Joint Commission-accredited organization, NMMC Hospice has maintained a patient satisfaction rating of 99 percent for all of 2011.

The goal of NMMC Hospice is to provide the best experience possible for patients and their families. For more information or to make a referral, call (662) 377-2114.

Press Ganey Report for NMMC Hospice (FY 2011)

Control of patient's pain	96%
Control of other symptoms (other than pain)	99%
Availability of the entire Hospice team	99%
Staff addressed spiritual needs	99%
Staff addressed emotional needs	99%
Helpfulness of the bereavement program	99%
Hospice services supported quality of life	99%
Likelihood of recommending	99%

NMMC Welcomes New Physicians

Sandra Kochanski, M.D., has joined Premier Radiology of Tupelo. Dr. Kochanski earned bachelor's degrees in psychology and biology, with a minor in chemistry, from the University of Arkansas at Little Rock. She obtained her medical degree from the University of Arkansas for Medical Sciences.

She completed an internal medicine internship, as well as a diagnostic radiology residency at Baptist Memorial Hospital in Memphis, Tenn. She completed a fellowship in neuroradiology at the Medical College of Virginia in Richmond, and another fellowship in breast imaging at Faulkner Sagoff Center in Boston, Mass.

She is board certified by the American Board of Radiology, and is a member of the American Medical Association and the American College of Radiology, among others. In 2000, she was named in the Top Three Doctors for Breast Care, and in the Top 50 Women who Make a Difference in Memphis by the Memphis Women's Journal.

Molli Floyd, M.D., has joined Tupelo Anesthesia Group, P.A. Dr. Floyd attended Northeast Mississippi Community College in Booneville, and received her bachelor's degree in microbiology from Mississippi State University in 2003. She completed her medical training at the University of Mississippi School of Medicine in Jackson in 2007. She also completed a residency in anesthesiology at the University of Mississippi Medical Center in Jackson in 2011.



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She is a member of the Mississippi State Society of Anesthesiology, the American Society of Anesthesiology and the American Medical Association. In 2010 and 2011 she received the Certificate of Achievement for Highest In-Service Exam, and in 2009 she received the Citizenship Award from the University of Mississippi Medical Center Department of Anesthesiology. In 2011, she also received the Resident and Colleague of the Year Awards.

NMHS Presents First Impact Award

North Mississippi Health Services' first **Impact Award** was recently presented to team members of the Door-to-Balloon Project for innovations in patient safety and quality that have a direct impact on the delivery of patient care.

This multidisciplinary team was developed by the Heart Institute in 2007 to address the concern of door-to-balloon times. The goal for STEMI patients is to have reperfusion within 90 minutes of entering the door of the Emergency Room. The team's results include 100 percent in AMI core measures and more than 150 days with door-to-balloon times less than 90 minutes.

Six safety initiatives were in the running for the award, which was presented during the Safety Summit. Nominees included Congestive Heart Failure, North Mississippi Medical Clinics; CHF Self-Care College, North Mississippi Health Services; and Respiratory Care Commitment to PUSH, Heart Institute Door-To-Balloon Time, MIS Informatics, and Behavioral Health Center Fall Reduction Campaign, NMMC-Tupelo.

Booneville Medical Clinic Welcomes Provider

Nurse practitioner **Amber Janzen** recently joined the staff of Booneville Medical Clinic. Janzen received her associate's degree in nursing from Northeast Mississippi Community College and her bachelor's degree at the University of North Alabama. She completed her master's degree and nurse practitioner training at Mississippi University for Women. Janzen has been a registered nurse with NMMC-Tupelo since 2005 in critical care and the Women's Hospital.

Starling Certified in Heart Failure Nursing

Jan Starling, RN, CHFN, has met the qualifications to become Mississippi's first Certified Heart Failure

Nurse. Offered through the Heart Failure Certification Board, this certification promotes the highest standards of practice within the specialty, validates attainment of a common knowledge base required for practice, and encourages continued educational growth. Starling has been an employee of North Mississippi Medical Center for 20 years, with 18 of those being with NMMC Home Health and Hospice.

NMMC Recognizes Physicians' Quality Achievements

NMMC recently presented the **Quality Physician awards** based on CMS evidence-based measure data. A winner was awarded for each core measure at NMMC-Tupelo, as well as an overall winner for the combined core measures at each community hospital.

NMMC-Tupelo winners are W. Steven Carroll, M.D., acute myocardial infarction; Keith A. Kyker, M.D., heart failure; Shailesh M. Patel, D.O., pneumonia; J. Edward Hill, M.D., stroke; David S. Talton, M.D., SCIP, cardiac surgery; Robert T. McAuley, M.D., SCIP, colon/vascular surgery; Wayne A. Slocum, M.D., SCIP, gynecologic surgery; and Stephen R. Southworth, M.D., SCIP, orthopedic surgery.

NMMC community hospital Top Performers are Christy M. Vowell, D.O., Eupora; Jarred L. Sartain, M.D., Hamilton; Donald Robertson, D.O., Iuka; Andrea Warren, D.O., Pontotoc; and Charlotte Magnussen, M.D., West Point.

IRB Approves, Renews Studies

The NMHS Institutional Review Board (IRB) currently oversees more than 100 biomedical and behavioral studies. The IRB meets monthly and the following studies were approved and renewed at the October meeting.

New Studies:

Study: RIVER PCI - A Phase III, Randomized, Double-blind, Placebo-controlled Study of the Effects of Ranolazine on Major Adverse Cardiovascular Events in Subjects with a History of Chronic Angina who Undergo Percutaneous Coronary Intervention with Incomplete Revascularization (GS-US-259-0116)

Investigators: Barry Bertolet, MD (PI); Cardiology Associates

Summary: The purpose of this study is to evaluate the efficacy of ranolazine as compared with placebo when used as part of standard medical therapy in chronic angina patients with incomplete revascularization.

Study: A Randomized, Double-blind, Placebo-controlled Study to Evaluate the Efficacy and Safety of Different Doses of Larazotide Acetate for the Treatment of Celiac Disease (CLINI001-012)

Investigators: Stephen Amann, MD (PI); Digestive Health Specialists

Summary: The purpose of this study is to assess the efficacy of three different doses of larazotide acetate versus placebo for the treatment of celiac disease in adults as an adjunct to a gluten-free diet.

Study: QUANTUM: An International, Multicenter, Blinded, Randomized Study to Investigate Safety, Tolerability, Pharmacokinetics and Pharmacodynamics following Administration of Regimens Containing PSI-352938, PSI-7977 and Ribavirin in Patients with Chronic Hepatitis C Virus Infection (P2938-0721)

Investigators: John Phillips, MD (PI); Digestive Health Specialists

Summary: The purpose of this study is to help determine if PSI-352938 by itself, or in combination with PSI-7977 and/or ribavirin for at least 12 weeks, is safe and able to eliminate the hepatitis C virus infection.

Study: A Long Term Follow-up Registry for Subjects who Achieve a Sustained Virologic Response to Treatment in Gilead-Sponsored Trials in Subjects with Chronic Hepatitis C Infection (GS-US-248-0122)

Investigators: John Phillips, MD (PI); Digestive Health Specialists

Summary: The purpose of this study is to continue to evaluate the response that subjects have after participating in a Gilead-sponsored hepatitis C virus treatment study.

Study: A Long Term Follow-up Registry Study of Subjects who did not Achieve Sustained Virologic Response in Gilead-Sponsored Trials in Subjects with Chronic Hepatitis C Infection (GS-US-248-0123)

Investigators: John Phillips, MD (PI); Digestive Health Specialists

Summary: The purpose of this study is to continue to evaluate the hepatitis C virus infection after subjects have completed participation in a Gilead-sponsored treatment study for hepatitis C.

Study Renewals:

Study: A Prospective, Multicenter, Randomized, Double-blind Trial to Assess the Effectiveness and Safety of 12 versus 30 Months of Dual Antiplatelet Therapy (DAPT) in Subjects Undergoing Percutaneous Coronary Intervention (PCI) with

Either Drug-eluting Stent (DES) or Bare Metal Stent (BMS) Placement for the Treatment of Coronary Artery Lesions (IDE #G080186)

Investigators: Barry Bertolet, MD (PI); Cardiology Associates

Summary: The purpose of this study is to collect information about how dual anti-platelet therapy following a percutaneous coronary intervention (PCI) keeps subjects free from death, heart attack, stroke, bleeding, blood clots and another PCI. Enrollment is open.

Study: ACCESS - Patent Foramen Ovale Closure with the Amplatzer PFO Occluder in Patients with Recurrent Cryptogenic Stroke due to Presumed Paradoxical Embolism through a Patent Foramen Ovale who have Failed Conventional Drug Therapy (AGA-011)

Investigators: Barry Bertolet, MD (PI); Cardiology Associates

Summary: The Amplatzer PFO Occluder is a percutaneous, transcatheter occlusion device intended for the non-surgical closure of patent foramen ovale (PFO). The purpose of this registry is to allow access to the Occluder in subjects with a PFO who have already experienced at least two strokes due to presumed embolism passing through a patent foramen ovale and who have failed conventional drug therapy. Enrollment is open.

Study: CHOICE – Carotid Stenting for High Surgical Risk Patients; Evaluating Outcomes through the Collection of Clinical Evidence (06-717)

Investigators: Vishal Sachdev, MD (PI); Barry Bertolet, MD; Amit Gupta, MD

Summary: The purpose of this study is to collect data about patients' medical experiences and conditions following treatment of carotid stenosis using one of Abbott Vascular's carotid stent systems and embolic protection systems. Enrollment is open.

Study: PREVAIL – Prospective Randomized Evaluation of the WATCHMAN LAA Closure Device in Patients with Atrial Fibrillation versus Long-term Warfarin Therapy (CT1004)

Investigators: Jim Stone, MD (PI); Cardiology Associates

Summary: The purpose of this study is to investigate the clinical benefit of the WATCHMAN left atrial appendage closure device versus gold standard Coumadin therapy for treatment of atrial fibrillation. Enrollment is open.





Continuing Medical Education

The CME Program is based in the NMMC Education Department and works to provide quality educational programming that will meet general as well as specific professional needs. Please call (662) 377-3826 or the Consult Line at 1-800-952-8101 if you have CME comments and/or suggestions. Select CME programs are by invitation only and are also subject to change. **Please RSVP upon receipt of invitation.** Visit www.nmhs.net/physicians_portal/cme.php for more information.

November 11

2011 Oncology Conference

8 a.m., NMMC North Education Center

CME credit will be issued.

For more information or to register, call (662) 377-3900.

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