23rd Annual Spring Cardiology Symposium

Do Something Worth Remembering – Elvis Presley

Friday & Saturday February 28-29, 2020
Elvis Presley Birthplace Event Center
306 Elvis Presley Drive • Tupelo, Mississippi
Cardiology Associates of North Mississippi and the NMHS CME Program invite you to attend the 23rd Annual Spring Cardiology Symposium. This event promises to provide a great opportunity to network, share knowledge and celebrate the partnerships we have shared for the last 20-plus years.

We will once again spend our time together reviewing and highlighting recent advances in the treatment of cardiac care as well as take several opportunities to celebrate our partnership throughout the symposium. There have been two additional benefits added to our conference this year: 1) for certification/recertification in Basic Life Support and 2) MOC (Maintenance of Certification) credits if applicable to your license.

We will continue the Friday evening dinner, which always provides us with a great networking environment. Please plan to attend.

We promise this will be an informative, exciting symposium and we hope that you will join us. Please RSVP as soon as possible to reserve your place in the program. For more information, please call Tracie Conwill at 1-800-843-3375 or (662) 377-3826.

---

**Agenda**

**Friday, February 28**

9:00 a.m.  Pre-Conference Workshop: Basic Life Support Recertification Check Off • Interested participants must complete the AHA online course to be eligible for check off

11:00 a.m. Registration & Reception  
Light hors d’oeuvres

11:30 a.m. Exhibit Gallery Opens

12:15 p.m. **Welcome/Announcements** – Barry Bertolet, M.D.  
- **Cardiac Uses For Your Apple Watch – More Than Telling Time**  
  Murray Estess, M.D.
- **Managing Patients with Cardiac Arrest –Targeted Temperature Management** – Barry Bertolet, M.D.
- **Optimal Duration of DAPT After PCI: Can It Really Be Made Simple?** – Michael Boler, M.D.

2:00 p.m.  Break/Visit Exhibit Gallery

2:30 p.m.  
- **Unexplained Syncope: Cardiac Causes & Pauses – Karl Crossen, M.D.**
- **Update on Venous Disease & Therapy - Benjamin Blossom, M.D.**
- **Aortic Stenosis: Welcome to the TAVR Era – David Talton, M.D.**
- **Management of HFrEF in 2020 – Amit Gupta, M.D.**
- **Therapies for AF – Results of the CABANA Trial & Implications for Practice – Jim Stone, M.D.**
- **Cardiovascular Protective Therapies in Type II Diabetes**  
  Nat Collins, CFNP

5:30 p.m.  **Networking with Providers/Visit Exhibit Gallery**

6:00 p.m.  **Evening Dinner Program**  
- **Cardiology Jeopardy** – Barry Bertolet, M.D., Moderator

7:30 p.m.  **Adjourn**

**Saturday, February 29**

7:00 a.m.  Registration/Breakfast/Exhibit Gallery

7:15 a.m.  **Optional Course: Pre-Conference Workshop – ECG Interpretation**  
  Barry Bertolet, M.D.

8:15 a.m.  **Welcome/Announcements**

8:30 a.m.  
- **PCI & CAGB For Multi-vessel Disease in Stable Angina: Any Evidence for A Preference? – Billy Parsons, M.D.**
- **Amyloid Cardiomyopathy – An Overview & Review of New Treatment Options**  
  Chris Bell, ACNP
- **Lipid Therapies in 2020 – Leaping into New Drugs**  
  Barry Bertolet, M.D.

10:00 a.m.  Break

10:15 a.m.  
- **Secondary Mitral Regurgitation – Disproportionate MR, A Target for Therapy? – Dane Ballard, M.D.**
- **What NOT to Miss in the Cardiac Sport Physical Exam**  
  Doug Hill, M.D.
- **AAA – Diagnosis & Therapy** – Joey Stinson, M.D.

11:45 a.m.  **Participant & Presenter Q & A** – Barry Bertolet, M.D., Moderator

12:15 p.m.  **Conclusion/Adjourn**
Faculty

- Barry Bertolet, M.D., Cardiologist, Cardiology Associates of North Mississippi
- Dane Ballard, M.D., Cardiologist, Cardiology Associates of North Mississippi
- Chris Bell, ACNP, Advanced Practice Clinician, Cardiology Associates of North Mississippi
- Benjamin Blossom, M.D., Cardiologist, Cardiology Associates of North Mississippi
- Michael Boler, M.D., Cardiologist, Cardiology Associates of North Mississippi
- Nat Collins, CFNP, Advance Practice Clinician, Advanced Diabetes Management Center, LLC
- Karl Crossen, M.D., Electrophysiologist, NMMC-Tupelo
- Murray Estess, M.D., Cardiologist, Cardiology Associates of North Mississippi
- Amit Gupta, M.D., Cardiologist, Cardiology Associates of North Mississippi
- Doug Hill, M.D., Cardiologist, Cardiology Associates of North Mississippi
- Billy Parsons, M.D., Thoracic Surgeon, NMMC Cardiothoracic & Vascular Surgery Clinic
- Joey Stinson, M.D., Vascular Surgeon, NMMC Cardiothoracic & Vascular Surgery Clinic
- Jim Stone, M.D., Electrophysiologist, NMMC-Tupelo
- David Talton, M.D., Thoracic Surgeon, NMMC Cardiothoracic & Vascular Surgery Clinic

Planning Committee

- Barry Bertolet, M.D., Cardiologist, Cardiology Associates of North Mississippi
- Leslie Arnold, RN, DNP, Assistant Professor, Mississippi University for Women
- Tracie Conwill, CME Manager, NMHS Education Department
- Wanda Dodson, BSN, Electrophysiology Lab Nurse Manager, NMMC Heart & Vascular Institute
- Sherry Gaskin, FNP-C, Clinical Outcomes Coordinator, NMHS Organizational Performance
- Candace Fugitt, RN, BSN, CCM, Readmission Coordinator, NMHS Organizational Performance
- Allison Harris, CME Assistant, NMHS Education Department
- Diane Fielder-Jacobs, Data Analyst/Materials Coordinator, NMMC Heart & Vascular Institute
- Susan Oliver-Moore, RN, Outcomes Manager, NMHS Organizational Performance
- Hannah Parker, RN, BSN, Stroke Coordinator, NMHS Organizational Performance
- Janet Richey, FNP-BC, Nurse Practitioner, Cardiology Associates of North Mississippi
- Jan Starling, RN, BSN, Clinical Outcomes Coordinator, NMHS Organizational Performance
- Jennifer Terry, RN, BSN, CE Specialist/BLS Coordinator, NMHS Education Department

Target Audience

Primary care, family medicine and internal medicine physicians, nurse practitioners, physician assistants, and other health care professionals who provide or have an interest in cardiac patient care.

ADA Statement

NMMC fully complies with the legal requirements of the ADA and the rules and regulations thereof. If any participant of the educational activity presented by NMMC is in need of special accommodation, please do not hesitate to call (662) 377-3900 at least two days prior to the activity.

Program Purpose & Content Determination

With continuous development of new clinical evidence and revisions of existing guidelines, diseases of the heart can be a challenge for health care providers in their daily quest of caring for the people of this region. The Annual Spring Cardiology Symposium is designed to bridge knowledge gaps and develop competence in controversial issues, new guidelines, management strategies and new medications. This activity will highlight the challenges of recognizing, diagnosing and treating patients presenting with heart problems by enhancing and improving knowledge with a special emphasis given to refining diagnostic and therapeutic skills.

Objectives

- Review the following according to ACC/AHA recommended guidelines:
  1) appropriate screening and referral recommendations from primary care setting to specialist; 2) medications – indications/contra-indications; 3) management of lipids; 4) contemporary management of atrial fibrillation; 5) antplatelet therapy; 6) recognition/treatment of systolic heart failure; 7) diagnosis/treatment of heart failure; and 8) review of the basic evaluation for cardiovascular disease.
- Identify and provide an update on the 2019 guidelines and goals for hypertension.
- Determine recognition and optimum management of peripheral arterial disease.
- Discuss cardiac complications resulting from pregnancy.
- Evaluate patient criteria relevant to surgical management of cardiac disease.

Program Accreditation

Physician Credit: NMMC is accredited by the Mississippi State Medical Association to provide continuing medical education for physicians. NMMC designates this live activity for a maximum of 10.5 AMA/PRA Category I Credit(s). Physicians should only claim credit commensurate with the extend of their participation.

Advance Practice Clinician Credit: NMMC is an approved provider of continuing nursing education by the Mississippi Nurses Foundation, Inc., an Accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation.

ABIM MOC Statement: Successful completion of this CME activity enables the participant to earn up to 10.5 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the NMMC CME Program's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points. Upon successful completion of this course, NMMC will submit your completion data to ABIM via ACCME’s Program and Activity Reporting System (PARS) for MOC points. Please allow 3-5 business days after claiming for points to appear on your ABIM record.

Faculty/Planner Disclosure Info

Current guidelines state that all speakers and planners of a CME approved activity must disclose to the audience any real or apparent conflict(s) of interest related to the content of the presentation. Faculty are also expected to inform the audience whether or not the presentations will include discussion of an unlabeled or investigational use of a product or device not yet approved by the FDA for the use being discussed. Presenters are asked to fully disclose any conflict(s) of interest and the agreed upon resolution of said conflict(s) to the attendees prior to/as a part of their presentation. All disclosures will be available to the attendees in the activity syllabus which will be distributed prior to the beginning of the conference.
Registration
Name: ______________________________________ Organization: ________________________________
Title/Position: _____________________________ Mailing Address: ____________________________________________________________
Work Phone: _____________________________ Home Phone: _____________________________
Email address: ____________________________________________________________

Please confirm which days you plan to attend:
☐ Both days  ☐ Friday only  ☐ Saturday only

Mail completed form to: NMMC CME Program, 830 South Gloster Street, Tupelo, MS 38801 OR
You may register online via the NMMC website, www.nmhs.net. Click on the Medical Professionals portal, go to Continuing Medical Education and click the link that offers online registration. Registration can be paid the day of the conference.

Conference Fees
Early registration for this conference is due by February 14 and the cost is $100. Registration after February 14 and on the day of the conference will be $150. Registration for one day only is $75. You may pay by cash, check or credit card. Make checks payable to NMMC CME Program. Checks will not be deposited until after the symposium.

Credit Card Payment:
Name as it appears on card: ____________________________________________________________
☐ Visa  ☐ Discover  ☐ American Express  ☐ Master Card
Card #:_________________________________________ Expiration Date:____________________

Special Registration/Information for BLS Certification:
This is a blended learning activity consisting of an online independent study and a live skills check-off. Please follow instructions outlined below. Due to limited slots, you MUST preregister for the skills check-off. The completion certificate for the online portion must be presented at time of check-off. Spots are limited, so please contact Jennifer Terry at jterry@nmhs.net or 662-377-3538 to register and for more information. Available slots are:
☐ 9-10 a.m.
☐ 10-11 a.m.
☐ 11 a.m.-noon