

practice notes



**NORTH MISSISSIPPI
MEDICAL CENTER**

January/February
2022

A monthly
newsletter for
physicians, nurse practitioners,
physician assistants & other
health care professionals

NMHS Breaks Ground on Tishomingo County Clinic

North Mississippi Health Services held a groundbreaking ceremony Jan. 10 for Burnsville Medical Clinic.

The clinic will open in the summer of 2022, offering comprehensive primary care services, with appointments available and walk-ins welcome for medical care close to home.

Burnsville Medical Clinic will be affiliated with North Mississippi Medical Clinics, a network of more than 40 clinics across north Mississippi and northwest Alabama, including Belmont

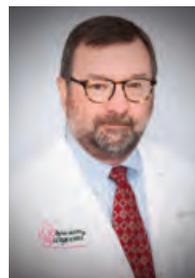


NMHS leaders and members of the Burnsville community broke ground on the new medical clinic in Tishomingo County on Jan. 10.

Family Medical Clinic and Iuka Medical Clinic. The clinic will be a division of Tishomingo Health Services and located on Highway 72 just 6 miles from North Mississippi Medical Center-Iuka.

Dr. Chaney Named to Board of Health

James Patrick “Pat” Chaney, M.D., of Amory, has been appointed by Gov. Tate Reeves as a new member of the Mississippi State Board of Health.



Dr. Chaney, a graduate of Mississippi State University and the University of Mississippi Medical Center, has been a member of the American College of Obstetrics and

Gynecology (ACOG) since 1986. He is past secretary/treasurer, vice chair and chair of the Mississippi Section of ACOG and also served as the past chair of District VII’s Council of Section Chairs Committee in 2012.

Dr. Chaney, who practices at Physicians and Surgeons Clinic in Amory, is a member of the Mississippi State Medical Association and a diplomate of the American Board of Obstetrics and Gynecologists. He is on the medical staff of NMMC Gilmore-Amory, where he previously served as chief of staff.

NMHS Welcomes Dr. Story Back to the Family

Family physician Cliff Story, M.D., has rejoined NMHS and will continue to care for patients in the Golden Triangle.



To submit information, call (662) 377-3712 or email drpugh@nmhs.net.
Visit www.nmhs.net/practice-notes to read this newsletter online.

Dr. Story, who took care of patients at West Point Medical Clinic from 2005 to 2008, has spent more than a decade caring for the Mississippi State University family through University Health Services.

While Dr. Story's permanent office will be in Starkville, he is temporarily based at West Point Internal Medicine to help bridge the gaps left by the retirement of Andrzej Wartak, M.D., and the death of Ed Miller, M.D. "I have great respect for (the late) Dr. Miller and Dr. Wartak, and it is an honor to help take care of their patients," Dr. Story said.

Nurse practitioners Rebecca Stanford and Sara Cox also staff the clinic, and family physician Dr. Cole Wilkerson will join them in March.

NMMC-West Point Adds Stereotactic Breast Biopsy

NMMC-West Point recently added a new weapon in the fight against breast cancer – stereotactic breast biopsy.

Stereotactic breast biopsy is now an option when a mammogram shows a breast abnormality like a suspicious mass, micro calcifications or abnormal tissue change. This non-surgical outpatient procedure

is performed by a specially trained radiologist.

"Stereotactic breast biopsy is an excellent way to perform biopsy for calcium deposits or tiny masses that are not visible on ultrasound," said Mark Ellis, M.D., a board-certified radiologist with NMMC-West Point. "The results are as accurate as when a tissue sample is removed surgically."

The procedure is minimally invasive and utilizes a needle to obtain biopsy samples. "Sedation is used for the ultimate patient comfort," Dr. Ellis said. "The procedure can be scheduled and performed quickly and with short notice in order to ease patient anxiety. We can even offer same-day biopsy for abnormal mammogram findings, if appropriate."

The procedure usually takes less than an hour and leaves little to no scar. Tissue samples are sent for evaluation, and the doctor is notified of results.

NMMC Enrolls First U.S. Patient in Heart Study

Interventional cardiologist Benjamin Blossom, M.D., of Cardiology Associates of North Mississippi recently enrolled the first patient in the U.S. in the EXPANSE PTCA (percutaneous transluminal coronary angioplasty) study at North Mississippi Medical Center. Interventional cardiologists like Dr. Blossom deal specifically with the catheter-based treatment of heart diseases.

The EXPANSE PTCA device is an investigational device being studied in patients



Dr. Benjamin Blossom and team recently enrolled the first patient in the U.S. in the EXPANSE PTCA study.

with narrowed coronary arteries. The study is being done to find out if the investigational device will improve the internal structure of a narrowed artery by expanding the diameter of the blood vessel. The clinical trial is being overseen by NMMC's Institutional Review Board. For more information, call (662) 620-6800.

Buchanan Joins Hand Clinic

Occupational therapist Donna Buchanan, OTR-L, CHT, has joined North Mississippi Medical Center's Hand Clinic. Donna earned a bachelor's degree in occupational therapy from the University of Central Arkansas in Conway in 1990. She has been a Certified Hand Therapist since 2000.

Therapists with the NMMC Hand Clinic evaluate and treat injuries and disabilities of the elbow, wrist and hand. The Hand Clinic and other Outpatient Rehabilitation Center services are part of NMMC's Neuroscience



NMMC-West Point Radiology staff including radiologist Mark Ellis, M.D.; Whitney Eldridge, mammographer; Meagan Johnson, mammographer; and Jackie Bolton, RN, are now offering stereotactic breast biopsy to local patients.

Institute, located at Longtown Medical Park, 4381 S. Eason Blvd., Tupelo. For more information, visit www.nmhs.net/hand-therapy or call (662) 377-7215.

King Joins NMMC Heartburn Center

Emilee Wiygul King, RN, has joined NMMC's Heartburn Center as nurse coordinator/educator.



In this role, King collaborates with gastroenterologists and surgeons at the Center for Digestive Health to help patients manage chronic heartburn and gastroesophageal reflux disease (GERD). She performs esophageal and anorectal manometry procedures, 48-hour Bravo PH studies and ambulatory 24-hour impedance studies. She also educates patients about prevention, procedures, medications, special diets and physician instructions.

King, who lives in Fulton, earned her associate degree in nursing from Itawamba Community College in 2019. She completed a nursing internship and externship at NMMC while a student and worked as a contract registered nurse before assuming her role at the Heartburn Center. For more information, visit www.nmhs.net/heartburn-center.

IRB Update

The NMHS Institutional Review Board (IRB) currently oversees more than 80 biomedical and behavioral studies. The IRB meets monthly, and the following studies were approved or renewed on Nov. 18, 2021 and Dec. 16, 2021.

New Study:

Study: *ELEGANCE Registry – Drug-Eluting Registry: Real-World Treatment of Lesions in the Peripheral Vasculature (S2444)*

Investigators: Barry Bertolet, M.D. (PI); Dane Ballard, M.D.; Michael Boler, D.O.; Joseph Stinson, M.D.; Chris Bell, ACNP; Lee Ferguson, ACNP; Katie McDuffie, CNP

Summary: The purpose of this study is to collect data on the use of commercially approved drug-eluting devices to understand how these devices are being used in a routine hospital setting to potentially improve patient outcomes and to compare patient outcomes across diverse patient populations.

Study Renewals:

Study: *The “RADIANCE II” Pivotal Study – A Study of the ReCor Medical Paradise System in Stage II Hypertension (CLN 0841)*

Investigators: Barry Bertolet, M.D. (PI); Cardiology Associates

Summary: The purpose of this study is to determine if the Paradise Renal Denervation System can lower high blood pressure in subjects who are known to have hypertension. Enrollment is open.

Study: *SPYRAL-HTN-ON MED (IDE #: G150036) (Sponsor – Medtronic)*

Investigators: Barry Bertolet, M.D. (PI); Joseph Adams, M.D.; Dane Ballard, M.D.; Benjamin Blossom, M.D.; Roger Williams, M.D.; Chris Bell, ACNP; Lee Ferguson, ACNP; Katie McDuffie, CNP

Summary: The purpose of this study is to determine if renal denervation decreases blood pressure and is safe with up to three anti-hypertensive medications. Enrollment is open.

Study: *DIAMOND-AF II – A Prospective Clinical Evaluation of the DiamondTemp™ Ablation System for the Treatment of Persistent Atrial Fibrillation (TP01071)*

Investigators: Jim Stone, M.D. (PI); Karl Crossen, M.D.; Karthik Prasad, M.D.

Summary: The purpose of this study is to determine if the DiamondTemp™ Ablation Catheter can restore the heart to a normal rhythm in subjects with atrial fibrillation. Enrollment is open.

Study: *VIVID – Vectra Involved Informed Decision Outcome Study (133-CL-01)*

Investigators: Charles King, M.D. (PI); Janice Driskell, FNP-C

Summary: The purpose of this study is to determine if using the results from the Vectra blood test to guide treatment decisions will improve outcomes for rheumatoid arthritis patients as compared to standard care. Enrollment is open.



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We need you to help us Connect!

Please consider writing for NMHS' content hub at www.nmhs.net/connect.

Email drpugh@nmhs.net with your ideas for articles, checklists, personal stories and more.

Here's what we're looking for:

- Articles should be approximately 500 words long
- Articles should be written in simple terms without clinical jargon
- Articles should be written in first person (I/we) directly to the reader (you)
- If possible, divide the article into sections to make it easier for the reader
- Question/answer is a good format
- Bulleted lists work well
- How-to articles are great
- You can share your personal story or opinion
- Give your article a title that will capture the reader's attention
- Include two to three sentences of biographical information about the author (name, title, facility, education/training, special interests, etc.)
- Include a photo of the author